

Lord Aylmer School



Monday, April 19th, 2021

Dear Parents,

Today is the beginning of our Jump Rope for Heart annual fundraiser for the Heart and Stroke Foundation. Students have been learning about healthy hearts in online physical education and health classes, and will be further encouraged to participate in activities that promote those habits over the next two weeks. At home, we encourage you to support your child in being conscious of healthy choices, and to help them with their fundraising efforts for the Heart and Stroke Foundation, which does research and educational work to help prevent and treat heart attacks, heart disease and stroke. For more information about the event and heart health tips, please visit the [Heart & Stroke Foundation](https://www.heartandstroke.ca) website.

Due to the current situation, this year's fundraising campaign will be held *online only*.

How to donate:

Click the link to either the [Junior Campus](#) or [Senior Campus](#) fundraising page to make a donation. It's fast, easy and donors get a receipt immediately by email. Alternately, you may also want to set up a fundraising page for your child by clicking the "Join School" link and follow the instructions. Their page will connect automatically to our school's fundraising page and they will easily be able to contact friends and family to help them reach their fundraising goal.

All students will participate in the event, even if they are unable to collect any pledges. Our fundraising campaign will officially end on **Friday, April 30th**, and our Jump Rope for Heart event will take place throughout the following week, **May 3rd to 7th**. Students will participate within their class, during physical and health education lessons and/or with their homeroom teachers.

Thank you so much for your support! Jump Rope for Heart benefits us all – your child gets active and learns to be heart healthy, and we all help to support vital heart disease and stroke research and health education – for the future of our children!

Sincerely,

Eldon Keon
Principal

Julia Horner
Vice-Principal

Eugene Contreras
PHE Sr. Campus

Genevieve Corriveau
PHE Jr. Campus

Eldon Keon – Principal

Julia Horner – Vice-Principal

Senior Campus

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Junior Campus

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