



Free Webinar for Youth, Parents & School Staff

FINDING BALANCE IN A WORLD OF SCREENS

Thursday, October 14 | 7:00-8:30 PM

With special guest, Matthew Johnson, Director of Education, MediaSmarts

We're spending more time with screens than ever - for fun, with friends, and for school. Based on recommendations from the Canadian Pediatric Society's Digital Health Task Force, this webinar will address how we can take control of their screen use and get the positive benefits of networked devices while avoiding their drawbacks and negative impacts.

[Please register on our website.](#) For any questions, please contact us at 819-557-0615 or info@centreconnexions.org