

Lord Aylmer School
L'Entreprise Mazzola
2022-11-01 to 2022-12-22
Phone : (819) 682-9978 or (613) 234-9978
www.mazzola.ca
Fax : QC (819) 682-8587 ON 1-866-450-7828

	Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
Tue, 2022-11-01	Multicolour salad (corn, beans, veg.) Spinach quiche (4 inches)	Grilled ham, cheese submarine Applesauce, biscuits	Garlic bread Chili con carne	Chicken burger, roasted potatoes, vegetables Oatmeal, chocolate biscuit	Cesar salad Spaghetti with meatballs Oatmeal, chocolate biscuit
Wed, 2022-11-02	Rice, sautéed vegetables, meatballs	Cheese tortellini, rosé sauce	Pita bread with homemade hummus Fusilli, beef, vegetable sauce	Meatloaf, mashed potatoes, tomato sauce Raspberry roll	Chicken nuggets, mashed potatoes, vegetables Raspberry roll
Thu, 2022-11-03	Fettuccini, Alfredo sauce with chicken and broccoli	Shepherd's pie	Quinoa, vegetable salad Chicken, veg. pot pie (4 inches)	Vegan 7 grain crispy tenders with mashed potatoes and veg. Raspberry muffin	Cesar salad Lasagna, beef sauce Raspberry muffin
Mon, 2022-11-07	Mixed bean salad Grilled 3 cheese, vegetable sub	Chicken à la King on rice with vegetables	Pasta and vegetable salad Chicken quesadilla	Mini pasta shells, beef sauce Banana bread	Beef burger, roasted potatoes, veg. Banana bread
Tue, 2022-11-08	Potato Gnocchi, rosé sauce	Chinese rice, vegetables, meatballs	Tabouleh salad Grilled croissant, turkey and cheese	Garlic bread Chili con carne Apple crisp	Cesar salad Spaghetti with meatballs Apple crisp
Wed, 2022-11-09	Grilled ham, cheese submarine Applesauce, biscuits	Mini penne, rosée and basil sauce with chicken, gratiné	Mini spinach quiche Macaroni, cheese au gratin	Rice, sweet & sour meatballs Carrot cake	Chicken burger, roasted potatoes, vegetables Carrot cake
Thu, 2022-11-10	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Chicken nuggets, mashed potatoes, vegetables	Cesar salad Lasagna, beef sauce	Veggies and dip Mini pancakes with syrup Fruit yogurt	Pita bread with homemade hummus Maxi Greek salad, feta cheese Raspberry roll
Mon, 2022-11-14	Mini pasta shells, beef sauce	Grilled ham, cheese submarine Applesauce, biscuits	Cheese and crackers Potato Gnocchi, rosé sauce	Roasted ham, pineapple, mashed potatoes Healthy brownie with black beans	Chicken burger, roasted potatoes, vegetables Healthy brownie with black beans
Tue, 2022-11-15	Chicken drumsticks, BBQ sauce, rice, veg.	Ground beef steak, brown sauce, veg. with mashed potatoes	Cesar salad Spaghetti with meatballs	Veggies and dip Mini pancakes with syrup Fruit yogurt	Cheese and crackers Shepherd's pie Raspberry muffin
Wed, 2022-11-16	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Lasagna, beef sauce	Tabouleh salad Grilled croissant, turkey and cheese	Cesar salad with chicken Carrot cake	Vegan 7 grain crispy tenders with mashed potatoes and veg. Carrot cake
Thu, 2022-11-17	Rice, sautéed vegetables, meatballs	Mini pasta shells, tomato sauce	Multicolour salad (corn, beans, veg.) English muffin with egg, ham and cheese	Fusilli, Alfredo creamy sauce, broccoli and chicken Vanilla biscuit	Chicken burger, roasted potatoes, vegetables Vanilla biscuit
Mon, 2022-11-21	Chicken drumsticks, BBQ sauce, roasted potatoes, veg.	Shepherd's pie	Cheese and crackers Bowtie pasta, ham and cheese	Veggies and dip Mini pancakes with syrup Fruit yogurt	Pita bread with homemade hummus Macaroni, cheese au gratin Raspberry roll
Tue, 2022-11-22	Chinese rice, vegetables, meatballs	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Garlic bread Chili con carne	Lasagna, beef sauce Banana bread	Chicken nuggets, mashed potatoes, vegetables Banana bread
Wed, 2022-11-23	Mini penne, rosée and basil sauce with chicken, gratiné	Grilled ham, cheese submarine Applesauce, biscuits	Mixed bean salad Roasted ham, pineapple, mashed potatoes	Chinese rice, vegetables, meatballs Raspberry muffin	Cesar salad Spaghetti with meatballs Raspberry muffin

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Mon, 2022-11-28	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie	Multicolour salad (corn, beans, veg.) English muffin with egg, ham and cheese	Chicken nuggets, mashed potatoes, vegetables Vanilla biscuit	Cesar salad Lasagna, beef sauce Vanilla biscuit
Tue, 2022-11-29	Grilled ham, cheese submarine Applesauce, biscuits	Ground beef steak, brown sauce, veg. with mashed potatoes	Cesar salad Spaghetti with meatballs	Cobb salad (lettuce, chicken, egg, tomato) Carrot cake	Cheese and crackers Cheese tortellini, rosé sauce Carrot cake
Wed, 2022-11-30	Fusilli, Alfredo creamy sauce, broccoli and chicken	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Mixed bean salad Ham, broccoli and cheese quiche	Veggies and dip Mini pancakes with syrup Fruit yogurt	Beef burger, roasted potatoes, veg. Apple crisp
Thu, 2022-12-01	Fettuccini, Alfredo sauce with chicken and broccoli	Shepherd's pie	Multicolour salad (corn, beans, veg.) English muffin with egg, ham and cheese	Vegan 7 grain crispy tenders with mashed potatoes and veg. Oatmeal, chocolate biscuit	Cesar salad Spaghetti with meatballs Oatmeal, chocolate biscuit
Mon, 2022-12-05	Mixed bean salad Grilled 3 cheese, vegetable sub	Chicken à la King on rice with vegetables	Pasta and vegetable salad Chicken quesadilla	Veggies and dip Mini pancakes with syrup Fruit yogurt	Beef burger, roasted potatoes, veg. Banana bread
Tue, 2022-12-06	Potato Gnocchi, rosé sauce	Chinese rice, vegetables, meatballs	Tabouleh salad Grilled croissant, turkey and cheese	Macaroni, cheese au gratin Apple crisp	Chicken nuggets, mashed potatoes, vegetables Apple crisp
Wed, 2022-12-07	Grilled ham, cheese submarine Applesauce, biscuits	Mini penne, rosée and basil sauce with chicken, gratiné	Garlic bread Chili con carne	Fusilli, Alfredo creamy sauce, broccoli and chicken Carrot cake	Chicken burger, roasted potatoes, vegetables Carrot cake
Thu, 2022-12-08	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Chicken nuggets, mashed potatoes, vegetables	Cesar salad Lasagna, beef sauce	Veggies and dip Mini pancakes with syrup Fruit yogurt	Pita bread with homemade hummus Maxi Greek salad, feta cheese Raspberry roll
Mon, 2022-12-12	Mini pasta shells, beef sauce	Grilled ham, cheese submarine Applesauce, biscuits	Cheese and crackers Potato Gnocchi, rosé sauce	Roasted ham, pineapple, mashed potatoes Healthy brownie with black beans	Chicken burger, roasted potatoes, vegetables Healthy brownie with black beans
Tue, 2022-12-13	Chicken drumsticks, BBQ sauce, rice, veg.	Ground beef steak, brown sauce, veg. with mashed potatoes	Cesar salad Spaghetti with meatballs	Veggies and dip Mini pancakes with syrup Fruit yogurt	Cheese and crackers Shepherd's pie Raspberry muffin
Wed, 2022-12-14	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Lasagna, beef sauce	Tabouleh salad Grilled croissant, turkey and cheese	Cesar salad with chicken Carrot cake	Vegan 7 grain crispy tenders with mashed potatoes and veg. Carrot cake
Thu, 2022-12-15	Rice, sautéed vegetables, meatballs	Mini pasta shells, tomato sauce	Multicolour salad (corn, beans, veg.) English muffin with egg, ham and cheese	Fusilli, Alfredo creamy sauce, broccoli and chicken Vanilla biscuit	Chicken burger, roasted potatoes, vegetables Vanilla biscuit
Mon, 2022-12-19	Chicken drumsticks, BBQ sauce, roasted potatoes, veg.	Macaroni, cheese au gratin	Mixed bean salad Roasted ham, pineapple, mashed potatoes	Fusilli, beef, vegetable sauce Raspberry roll	Veggies and dip Pizza quesadilla (pepperoni, cheese) Raspberry roll
Tue, 2022-12-20	Cheese perogies, rosé sauce	Grilled croissant, turkey and cheese Applesauce, biscuits	Cesar salad Spaghetti with meatballs	Cobb salad (lettuce, chicken, egg, tomato) Banana bread	Chicken nuggets, mashed potatoes, vegetables Banana bread
Wed, 2022-12-21	Mini penne, rosée and basil sauce with chicken, gratiné	Grilled ham, cheese submarine Applesauce, biscuits	Chinese rice, vegetables, meatballs	Beef burger, roasted potatoes, veg. Blueberry muffin	Cesar salad Lasagna, beef sauce Blueberry muffin

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Thu, 2022-12-22	Chicken à la King on rice with vegetables	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Cheese and crackers Cheese tortellini, rosé sauce	Chicken nuggets, mashed potatoes, vegetables Healthy brownie with black beans	Vegan 7 grain crispy tenders with mashed potatoes and veg. Healthy brownie with black beans
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Placing an order is simple, fast, and safe! It can be done on our website at www.mazzola.ca throughout the month. You can also send us your order by fax or email before the beginning of the month. In case you require a last minute order, for a small additional charge, we accept orders placed on line up to 7 A.M. of the day of the delivery.

If you have ordered a meal, and your child will be absent from school, you can cancel your order before 9:00 A.M. either through the web site, or by phoning us. If we cannot answer your call, leave a message stating the name of the child, of the school, the class and the day for which you are cancelling the meal. This will give you a credit for another meal. If you do not phone and your child is absent no credit will be possible. It is the parents' responsibility to use their credits any time they want. You can check your credits by going into our web site.

The meals are served in compostable containers. Most of the bread we use is made with whole wheat. We have meals for children with special needs: Menu ZZ1 is gluten free, Menu ZZ2 is gluten, dairy and egg free, Menu ZZ3 is Halal and Menu ZZ4 is vegan. You can find these menus at the very bottom of the list of school menus. The school makes a profit from each meal sold.

To order the ZZ menus you have to create a "second child" in your account. You have to click "ADD A CHILD". Afterwards, in the section "School" please select the ZZ menu you wish to have (from ZZ1 to ZZ4). In the section 'eating area' choose the name of the school. In this case it will be Lord Aylmer. Once you save your choices you can order a ZZ menu.

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Child's name:

Class:

Teacher's name:

Parents' name:

Telephone number:

	Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
	\$6.20	\$6.20	\$6.80	\$7.20	\$7.40
Tue, 2022-11-01					
Wed, 2022-11-02					
Thu, 2022-11-03					
Mon, 2022-11-07					
Tue, 2022-11-08					
Wed, 2022-11-09					
Thu, 2022-11-10					
Mon, 2022-11-14					
Tue, 2022-11-15					
Wed, 2022-11-16					
Thu, 2022-11-17					
Mon, 2022-11-21					
Tue, 2022-11-22					
Wed, 2022-11-23					
Mon, 2022-11-28					
Tue, 2022-11-29					
Wed, 2022-11-30					
Thu, 2022-12-01					
Mon, 2022-12-05					
Tue, 2022-12-06					
Wed, 2022-12-07					
Thu, 2022-12-08					
Mon, 2022-12-12					

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Tue, 2022-12-13					
Wed, 2022-12-14					
Thu, 2022-12-15					
Mon, 2022-12-19					
Tue, 2022-12-20					
Wed, 2022-12-21					
Thu, 2022-12-22					

_____ **Menu 1** at **\$6.20** :\$
_____ **Menu 2** at **\$6.20** :\$
_____ **Menu 3** at **\$6.80** :\$
_____ **Menu 4** at **\$7.20** :\$
_____ **Menu 5** at **\$7.40** :\$
TOTAL :\$

Please make your cheque payable to "L'Entreprise Mazzola".
Unfortunately we cannot accept postdated cheques.
Note. Fee for NSF cheque: \$20.00

Lord Aylmer School

Payment by Credit Card N# :

Name :

Visa

Expiry Date :

Master Card

Amount : \$

Signature