

Lord Aylmer School**L'Entreprise Mazzola****2023-09-25 to 2023-11-30****Phone : (819) 682-9978 or (613) 234-9978****www.mazzola.ca****Fax : QC (819) 682-8587 ON 1-866-450-7828**

	Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
Mon, 2023-09-25	Fusilli, beef, vegetable sauce	Grilled ham, cheese submarine Applesauce, biscuits	Pasta and vegetable salad Chicken, veg. pot pie (4 inches)	Lasagna, beef sauce Carrot cake	Cheese and crackers Shepherd's pie Carrot cake
Tue, 2023-09-26	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Chicken drumsticks, BBQ sauce, roasted potatoes, veg.	Veggies and dip Ham, broccoli and cheese quiche	Meatball casserole with fusilli, tomato sauce, veg. and cheese Banana bread	Creamy Coleslaw Make your own chicken fajitas Banana bread
Wed, 2023-09-27	Shepherd's pie	Grilled croissant, turkey and cheese Applesauce, biscuits	Herbed dinner roll Scooby-doo, beef, veg. sauce	Veggies and dip Mini pancakes with syrup Fruit yogurt	Chicken nuggets, potato wedges, vegetables Raspberry muffin
Thu, 2023-09-28	Grilled ham, cheese submarine Applesauce, biscuits	Rice, sweet & sour meatballs	Mini spinach quiche Mini penne, rosé sauce	Mini pasta shells, beef sauce Oatmeal, chocolate biscuit	Chicken burger, roasted potatoes, vegetables Oatmeal, chocolate biscuit
Mon, 2023-10-02	Mini pasta shells, beef sauce	Pasta and vegetable salad Grilled ham, cheese submarine	Pizza bun Lasagna, beef sauce	Veggies and dip Mini pancakes with syrup Fruit yogurt	Creamy Coleslaw Make your own chicken fajitas Blueberry muffin
Tue, 2023-10-03	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Macaroni, cheese au gratin	Veggies and dip Meat pie (4 inches)	Mini pasta shells, beef sauce Oatmeal, chocolate biscuit	Chicken nuggets, potato wedges, vegetables Oatmeal, chocolate biscuit
Wed, 2023-10-04	Shepherd's pie	Chicken à la King on rice with vegetables	Potato bites English muffin with egg, ham and cheese	Vegan 7 grain crispy tenders with mashed potatoes and veg. Raspberry roll	Herbed dinner roll Spaghetti with meatballs Raspberry roll
Thu, 2023-10-05	Grilled ham, cheese submarine Applesauce, biscuits	Chili con carne with rice	Veggies and dip Ham, broccoli and cheese quiche	Chicken drumsticks, BBQ sauce, rice, veg. Banana bread	Pizza bun Lasagna, beef sauce Banana bread
Tue, 2023-10-10	Cheese perogies, rosé sauce	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Cheese and crackers Vegan couscous, chick peas, vegetables	Lasagna, beef sauce Carrot cake	Cheese and crackers Shepherd's pie Carrot cake
Wed, 2023-10-11	Grilled ham, cheese submarine Applesauce, biscuits	Spaghetti, beef sauce	Naan bread Indian chickpea curry and potatoes with couscous (Chana Aloo)	Spinach and ricotta cannelloni, rosé sauce Oatmeal, chocolate biscuit	Chicken drumsticks, BBQ sauce, rice, veg. Oatmeal, chocolate biscuit
Mon, 2023-10-16	Fusilli, beef, vegetable sauce	Dumplings with fried rice	Potato bites English muffin with egg, ham and cheese	Lasagna, beef sauce Carrot cake	Cheese and crackers Shepherd's pie Carrot cake
Tue, 2023-10-17	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Chicken drumsticks, BBQ sauce, roasted potatoes, veg.	Veggies and dip Ham, broccoli and cheese quiche	Spaghetti with meatballs Banana bread	Creamy Coleslaw Make your own chicken fajitas Banana bread
Wed, 2023-10-18	Shepherd's pie	Cheese perogies, rosé sauce	Herbed dinner roll Scooby-doo, beef, veg. sauce	Veggies and dip Mini pancakes with syrup Fruit yogurt	Chicken nuggets, potato wedges, vegetables Raspberry muffin
Thu, 2023-10-19	Grilled ham, cheese submarine Applesauce, biscuits	Rice, sweet & sour meatballs	Mini spinach quiche Mini penne, rosé sauce	Mini pasta shells, beef sauce Oatmeal, chocolate biscuit	Chicken burger, roasted potatoes, vegetables Oatmeal, chocolate biscuit

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Mon, 2023-10-23	Grilled croissant, turkey and cheese Applesauce, biscuits	Meatball casserole with fusilli, tomato sauce, veg. and cheese	Pasta and vegetable salad Chicken, veg. pot pie (4 inches)	Lasagna, beef sauce Raspberry roll	Beef burger, roasted potatoes, veg. Raspberry roll
Tue, 2023-10-24	Fettuccini, Alfredo sauce with chicken and broccoli	Grilled ham, cheese submarine Applesauce, biscuits	Herbed dinner roll Mini pasta shells, beef sauce	Veggies and dip Mini pancakes with syrup Fruit yogurt	Cheese and crackers Shepherd's pie Blueberry muffin
Wed, 2023-10-25	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Chicken à la King on rice with vegetables	Pizza bun Spinach and ricotta cannelloni, rosé sauce	Spaghetti with meatballs Carrot cake	Chicken drumsticks, BBQ sauce, roasted potatoes, veg. Carrot cake
Thu, 2023-10-26	Mini pasta shells, beef sauce	Ground beef steak, brown sauce, veg. with mashed potatoes	Pasta and vegetable salad Grilled croissant, turkey and cheese	Macaroni, cheese au gratin Oatmeal, chocolate biscuit	Creamy Coleslaw Make your own chicken fajitas Oatmeal, chocolate biscuit
Mon, 2023-10-30	Cheese perogies, rosé sauce	Grilled ham, cheese submarine Applesauce, biscuits	Veggies and dip Meat pie (4 inches)	Meatloaf, mashed potatoes, tomato sauce Raspberry roll	Garlic bread Spaghetti with meatballs Raspberry roll
Tue, 2023-10-31	Scooby-doo, beef, veg. sauce	Shepherd's pie	Pasta and vegetable salad Grilled cheddar cheese sandwich	Veggies and dip Mini pancakes with syrup Fruit yogurt	Chicken burger, roasted potatoes, vegetables Raspberry muffin
Wed, 2023-11-01	Mini pasta shells, beef sauce	Chicken à la King on rice with vegetables	Potato bites English muffin with egg, ham and cheese	Vegan 7 grain crispy tenders with mashed potatoes and veg. Raspberry roll	Pizza bun Lasagna, beef sauce Raspberry roll
Thu, 2023-11-02	Grilled ham, cheese submarine Applesauce, biscuits	Rice, sweet & sour meatballs	Veggies and dip Ham, broccoli and cheese quiche	Chicken drumsticks, BBQ sauce, rice, veg. Banana bread	Pita bread with homemade hummus Macaroni, cheese au gratin Banana bread
Mon, 2023-11-06	Fettuccini, Alfredo sauce with chicken and broccoli	Chili con carne with rice	Pasta and vegetable salad Grilled croissant, turkey and cheese	Veggies and dip Mini pancakes with syrup Fruit yogurt	Chicken burger, roasted potatoes, vegetables Apple crisp
Tue, 2023-11-07	Dumplings with fried rice	Grilled ham, cheese submarine Applesauce, biscuits	Cheese and crackers Vegan couscous, chick peas, vegetables	Lasagna, beef sauce Carrot cake	Cheese and crackers Shepherd's pie Carrot cake
Wed, 2023-11-08	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Spaghetti, beef sauce	Naan bread Indian chickpea curry and potatoes with couscous (Chana Aloo)	Chinese rice, vegetables, meatballs Oatmeal, chocolate biscuit	Chicken drumsticks, BBQ sauce, rice, veg. Oatmeal, chocolate biscuit
Thu, 2023-11-09	Ground beef steak, brown sauce, veg. with mashed potatoes	Grilled croissant, turkey and cheese Applesauce, biscuits	Cheese and crackers Chicken à la King on rice with vegetables	Mini pasta shells, tomato sauce Raspberry roll	Chicken nuggets, potato wedges, vegetables Raspberry roll
Mon, 2023-11-13	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Roasted ham, pineapple, mashed potatoes, green peas	Veggies and dip Ham, broccoli and cheese quiche	Lasagna, beef sauce Carrot cake	Cheese and crackers Shepherd's pie Carrot cake
Tue, 2023-11-14	Fusilli, beef, vegetable sauce	Dumplings with fried rice	Potato bites English muffin with egg, ham and cheese	Spaghetti with meatballs Banana bread	Creamy Coleslaw Make your own chicken fajitas Banana bread
Wed, 2023-11-15	Shepherd's pie	Cheese perogies, rosé sauce	Herbed dinner roll Scooby-doo, beef, veg. sauce	Veggies and dip Mini pancakes with syrup Fruit yogurt	Chicken nuggets, potato wedges, vegetables Raspberry muffin

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Thu, 2023-11-16	Grilled ham, cheese submarine Applesauce, biscuits	Rice, sweet & sour meatballs	Mini spinach quiche Mini penne, rosé sauce	Mini pasta shells, beef sauce Oatmeal, chocolate biscuit	Chicken burger, roasted potatoes, vegetables Oatmeal, chocolate biscuit
Mon, 2023-11-20	Grilled croissant, turkey and cheese Applesauce, biscuits	Meatball casserole with fusilli, tomato sauce, veg. and cheese	Pasta and vegetable salad Chicken, veg. pot pie (4 inches)	Lasagna, beef sauce Raspberry roll	Beef burger, roasted potatoes, veg. Raspberry roll
Tue, 2023-11-21	Fettuccini, Alfredo sauce with chicken and broccoli	Grilled ham, cheese submarine Applesauce, biscuits	Herbed dinner roll Mini pasta shells, beef sauce	Veggies and dip Mini pancakes with syrup Fruit yogurt	Cheese and crackers Shepherd's pie Blueberry muffin
Wed, 2023-11-22	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Chicken à la King on rice with vegetables	Pizza bun Spinach and ricotta cannelloni, rosé sauce	Spaghetti with meatballs Carrot cake	Chicken drumsticks, BBQ sauce, roasted potatoes, veg. Carrot cake
Thu, 2023-11-23	Mini pasta shells, beef sauce	Ground beef steak, brown sauce, veg. with mashed potatoes	Pasta and vegetable salad Grilled croissant, turkey and cheese	Macaroni, cheese au gratin Oatmeal, chocolate biscuit	Creamy Coleslaw Make your own chicken fajitas Oatmeal, chocolate biscuit
Mon, 2023-11-27	Cheese perogies, rosé sauce	Grilled ham, cheese submarine Applesauce, biscuits	Veggies and dip Meat pie (4 inches)	Meatloaf, mashed potatoes, tomato sauce Raspberry roll	Garlic bread Spaghetti with meatballs Raspberry roll
Tue, 2023-11-28	Pizza quesadilla (pepperoni, cheese) Applesauce, biscuits	Shepherd's pie	Pasta and vegetable salad Grilled cheddar cheese sandwich	Macaroni, beef, vegetable sauce Raspberry muffin	Chicken burger, roasted potatoes, vegetables Raspberry muffin
Wed, 2023-11-29	Scooby-doo, beef, veg. sauce	Chinese rice, vegetables, meatballs	Pasta and vegetable salad Grilled croissant, turkey and cheese	Spaghetti with meatballs Oatmeal, chocolate biscuit	Creamy Coleslaw Make your own chicken fajitas Oatmeal, chocolate biscuit
Thu, 2023-11-30	Grilled ham, cheese submarine Applesauce, biscuits	Fusilli, Alfredo creamy sauce, broccoli and chicken	Naan bread Indian chickpea curry and potatoes with couscous (Chana Aloo)	Veggies and dip Mini pancakes with syrup Fruit yogurt	Beef burger, roasted potatoes, veg. Apple crisp

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Placing an order is simple, fast, and safe! It can be done on our website at www.mazzola.ca throughout the month. You can also send us your order by fax or email before the beginning of the month. In case you require a last minute order, for a small additional charge, we accept orders placed on line up to 7 A.M. of the day of the delivery.

If you have ordered a meal, and your child will be absent from school, you can cancel your order before 9:00 A.M. either through the web site, or by phoning us. If we cannot answer your call, leave a message stating the name of the child, of the school, the class and the day for which you are cancelling the meal. This will give you a credit for another meal. If you do not phone and your child is absent no credit will be possible. It is the parents' responsibility to use their credits any time they want. You can check your credits by going into our web site.

The meals are served in compostable containers. Most of the bread we use is made with whole wheat. We have meals for children with special needs: Menu ZZ1 is gluten free, Menu ZZ2 is gluten, dairy and egg free, Menu ZZ3 is Halal and Menu ZZ4 is vegan. You can find these menus at the very bottom of the list of school menus. The school makes a profit from each meal sold.

To order the ZZ menus you have to create a "second child" in your account. You have to click "ADD A CHILD". Afterwards, in the section "School" please select the ZZ menu you wish to have (from ZZ1 to ZZ4). In the section "eating area" choose the name of the school. In this case it will be Lord Aylmer. Once you save your choices you can order a ZZ menu.

Please send your child to school with reusable utensils. The environment will thank you!!

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Child's name:

Class:

Teacher's name:

Parents' name:

Telephone number:

	Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
	\$6.40	\$6.40	\$7.00	\$7.50	\$7.80
Mon, 2023-09-25					
Tue, 2023-09-26					
Wed, 2023-09-27					
Thu, 2023-09-28					
Mon, 2023-10-02					
Tue, 2023-10-03					
Wed, 2023-10-04					
Thu, 2023-10-05					
Tue, 2023-10-10					
Wed, 2023-10-11					
Mon, 2023-10-16					
Tue, 2023-10-17					
Wed, 2023-10-18					
Thu, 2023-10-19					
Mon, 2023-10-23					
Tue, 2023-10-24					
Wed, 2023-10-25					
Thu, 2023-10-26					
Mon, 2023-10-30					
Tue, 2023-10-31					
Wed, 2023-11-01					
Thu, 2023-11-02					
Mon, 2023-11-06					

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Tue, 2023-11-07					
Wed, 2023-11-08					
Thu, 2023-11-09					
Mon, 2023-11-13					
Tue, 2023-11-14					
Wed, 2023-11-15					
Thu, 2023-11-16					
Mon, 2023-11-20					
Tue, 2023-11-21					
Wed, 2023-11-22					
Thu, 2023-11-23					
Mon, 2023-11-27					
Tue, 2023-11-28					
Wed, 2023-11-29					
Thu, 2023-11-30					

_____ **Menu 1** at **\$6.40** :\$

_____ **Menu 2** at **\$6.40** :\$

_____ **Menu 3** at **\$7.00** :\$

_____ **Menu 4** at **\$7.50** :\$

_____ **Menu 5** at **\$7.80** :\$

TOTAL :\$

Please make your cheque payable to "L'Entreprise Mazzola".
Unfortunately we cannot accept postdated cheques.
Note. Fee for NSF cheque: \$20.00

Lord Aylmer School

Payment by Credit Card N# : _____

Name : _____ **Visa** _____

Expiry Date : _____ **Master Card** _____

Amount : \$ _____

Signature _____