

SUMMARY TABLE

LEARNING CONTENT IN SEXUALITY EDUCATION – ELEMENTARY SCHOOL

THEMES	KINDERGARTEN (5 years old)	ELEMENTARY 1 (6-7 years old)	ELEMENTARY 2 (7-8 years old)	ELEMENTARY 3 (8-9 years old)	ELEMENTARY 4 (9-10 years old)	ELEMENTARY 5 (10-11 years old)	ELEMENTARY 6 (11-12 years old)
SEXUAL GROWTH AND BODY IMAGE	- Identify the parts of the body of girls and boys - Give examples of what you can feel and express with your body		- Identify the sexual organs of girls and boys and their functions - Share your thoughts about the importance of appreciating and taking care of your body		- Learn how the main changes associated with puberty are part of the process of growing up - Share your feelings about growing up	- Become aware of the psychological and physical changes associated with puberty - Understand the role that puberty plays in the body's ability to reproduce	Discuss the importance of adopting a positive attitude toward your changing body and diverse body types
IDENTITY, GENDER STEREOTYPES AND ROLES, AND SOCIAL NORMS		- Give examples of the gender roles associated with girls and boys - Become aware of the different ways that femininity and masculinity can be expressed, beyond gender stereotypes		- Identify stereotypical representations of femininity and masculinity in your personal and social environments, including the media - Make connections between gender stereotypes and the development of your gender identity as a girl or boy	- Make connections between gender inequalities and the establishment of harmonious relationships between boys and girls - Understand the norms that guide how you express yourself as a girl or a boy		- Explain how sexism and homophobia can affect those targeted - Discuss the role that you can play in respecting sexual diversity and differences
EMOTIONAL AND ROMANTIC LIFE			- Recognize the various feelings that can be experienced in interpersonal relationships - Share, in your own words, the different ways you can express your feelings to those you love		- Discuss your representations of love and friendship - Identify how certain attitudes and behaviours can positively or negatively influence interpersonal relationships		- Become aware of the role that puberty plays in romantic and sexual awakening - Express any questions you have about romantic and sexual awakening
SEXUAL ASSAULT		- Recognize situations involving sexual assault and ways of protecting yourself - Become aware of the feelings that could arise when faced with sexual assault		- Recognize the different forms of sexual assault - Develop your ability to apply safety rules to avoid a situation that puts you at risk or to stop sexual assault		- Look at different contexts that involve sexual assault with a view to preventing or stopping them - Become aware that the rules to ensure your personal safety can apply to different contexts	
PREGNANCY AND BIRTH	- Briefly explain, in your own words, the steps involved in making a baby - Name ways of welcoming a baby into a family		- Understand the phenomenon of conception - Talk about the development of a fetus in the uterus				
GENERAL UNDERSTANDING OF SEXUALITY		Understand what sexuality is		Become aware that there are different aspects to sexuality			Be familiar with the various dimensions of sexuality

SUMMARY TABLE

LEARNING CONTENT IN SEXUALITY EDUCATION – SECONDARY SCHOOL

THEMES	SECONDARY I (12-13 years old)	SECONDARY II (13-14 years old)	SECONDARY III (14-15 years old)	SECONDARY IV (15-16 years old)	SECONDARY V (16-17 years old)
SEXUAL GROWTH AND BODY IMAGE	• Reflect on the advantages of having a positive body image • Understand how certain norms can influence body image				
IDENTITY, GENDER STEREOTYPES AND ROLES, AND SOCIAL NORMS	• Recognize the role of puberty in consolidating your sexual identity as a boy or girl		• Analyze different representations of sexuality in the public space • Explain how representations of sexuality in the public space influence your own representations, attitudes and behaviours in the area of sexuality		
EMOTIONAL AND ROMANTIC LIFE	• Become aware of the role of feelings of love and attraction in adolescence • Understand how feelings of love and attraction help you to become aware of your sexual orientation	• Reflect in a critical manner on adolescent romantic relationships • Become aware of the challenges involved in first dating relationships	• Become aware of the benefits of a romantic relationship based on mutuality • Identify the importance of managing conflicts in a healthy way in a romantic relationship	• Recognize symptoms of violence in a dating relationship • Search for solutions to prevent or stop violence in the context of a dating relationship	• Become aware of what supports the establishment and maintenance of meaningful affective and romantic relationships • Identify how experience acquired in previous affective and romantic relationships can enrich your current interpersonal and romantic relationships
SEXUAL ACTIVITY		• Discuss the characteristics of sexual activity in adolescence and the motivations behind it • Recognize what can inform your choices concerning sexual activity in adolescence	• Reflect on the place of desire and pleasure in sexual activity • Become aware of the factors that can influence sexual relations in adolescence	• Understand your position on different issues related to sexual relations in adolescence • Become aware of factors important to sustaining emotional intimacy and sexual intimacy	
SEXUAL VIOLENCE		• Reflect on the impact of myths and prejudices about sexual assault • Understand your own position on the notion of consent and its application in order to recognize a situation of sexual assault	• Become aware of the active role you can play in preventing or reporting a situation of sexual assault • Understand the experience of victims of sexual assault in order to react appropriately if a friend confides in you		
STBBIs AND PREGNANCY		• Become aware of the importance of taking responsibility for your sexual and reproductive health • Adopt a positive attitude to the use of condoms	• Understand how protection methods work • Understand attitudes and behaviours to adopt in situations in which it may be difficult to protect yourself	• Identify steps to take after unprotected or poorly protected sexual relations • Identify strategies favouring safe sexual behaviours based on factors that influence your own ability to protect yourself	• Evaluate the risks of STBBIs and pregnancy associated with different contexts of a sexually active lifestyle • Reflect on the issues associated with STBBIs and pregnancy
GENERAL UNDERSTANDING OF SEXUALITY	• Become aware that during adolescence, you will gradually adopt new roles and behaviours related to your sexuality and increasingly make your own decisions				• Become aware of different facets of yourself that will help you to be comfortable with your sexuality all your life (sexual subjectivity)