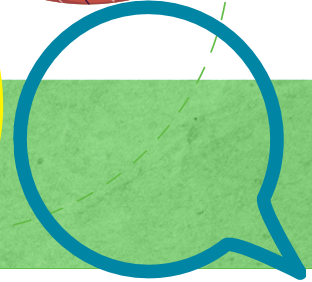


Parent Chat

for families with children with special needs, disabilities, & who are at risk



Support Group Session 3:

Aire Ouverte Presentation

Learn about their in-person, phone and online services for youth aged 12 to 25

Hosted by **Connexions-**

Krishnan Sundaram,

Community Health & Wellness Facilitator

Shelley Heaphy,

Community Outreach and Engagement Coordinator, MRC Pontiac

Cassandra Hope Sydor,

Regional Coordinator for Early Childhood, youth and Families

with special guest
from the **CISSS de l'Outaouais**

With the help of social workers, nurses, sexologists, educators, and more Aire Ouverte can provide support related to young people's relationships, their future, their mental health, their physical health, their sexuality, and more.

Thurs, Nov 23

7 PM to 8:30 PM



Virtual Meeting

Register at:

centreconnexions.org

Questions?

819-557-0615 or

info@centreconnexions.org

or scan to sign up

