

# Lord Aylmer School



## L.A.'s International Day of Pink April 9th - April 12th, 2024

As part of our ongoing commitment to fostering a safe and inclusive environment for all our students, the Lord Aylmer staff and students will be celebrating International Day of Pink (April 10th) with a week packed full of events!

It is a day dedicated to raising awareness about the impact of bullying, discrimination, homophobia, and transphobia. It serves as a reminder of the importance of promoting diversity, acceptance, and inclusion within our school community and beyond.

This year, we are promoting mental health awareness and well-being among our students all week long. See below for our activities:

Tuesday, April 9th	Wednesday, April 10th	Thursday, April 11th	Friday, April 12th
<p><b>Focus:</b> Understanding Mental Health</p> <p><b>Activity:</b> Sharing how we can maintain and improve our minds.</p>	<p><b>Focus:</b> Be Kind to Others</p> <p><b>Activity:</b> International Day of Pink. Wear Your PINK!</p> <p>*L.A's Pride Club kick-off @ SR Campus*</p>	<p><b>Focus:</b> Be Kind to Yourself</p> <p><b>Activity:</b> Recognizing our own amazing qualities and being proud of ourselves.</p>	<p><b>Focus:</b> Let's Move Bodies!</p> <p><b>Activity:</b> Understanding the link between daily exercise and a healthy mind.</p>



Thank you for your continued support. Together, we can create a more inclusive and compassionate community where every individual feels valued and accepted for who they are.

Samantha Halpin – Directrice/Principal (elle/she/her)  
Hannah Patrick – Directrice Adjointe/ Vice Principal (elle/she/her)



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