

Lord Aylmer School



May 16th, 2024

Dear Parent(s) & Guardian(s),

The Lord Aylmer Sr. Campus Track and Field Meet will be held on Friday, June 7th. All students will have the chance to participate in 6 activities: 50m dash, 100m dash, long jump, high jump, hardball throw, and the 800m run. This event will take place outdoors at the Senior Campus, from 8:15 a.m. until 1:15 p.m.

For the day of the event, please ensure that your child is dressed appropriately and is wearing *running shoes*. It is also recommended to bring a *labeled* water bottle to stay hydrated, and to wear sunscreen and a hat.

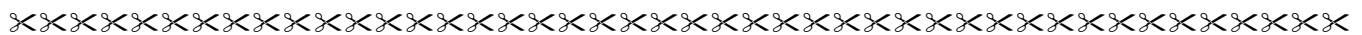
We need several volunteers to help run the events and distribute popsicles during the day on June 7th. If you are interested in helping out, please indicate your availability and return the volunteer form as soon as possible. Mr. Contreras will contact you by phone or e-mail to confirm your participation.

Thank you for your support,

Eugene Contreras
PHE Sr. Campus

Samantha Halpin
Principal

Hannah Patrick
Vice-Principal



I will be available to volunteer*:

- On June 7th to hand out popsicles.
- On June 7th to supervise an event.

Name: _____

Phone: _____ e-mail: _____

***Please note that all volunteers must have a valid WQSB Criminal Background Check.**

Samantha Halpin – Directrice/Principal ([elle/she/her](#))
Hannah Patrick –Directrice Adjointe/ Vice Principal ([elle/she/her](#))



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