

School menu

Mazzola

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mazzola.ca

Lord Aylmer School (JR/SR)

2025-12-01 - 2026-01-30

	Cookie	Menu 1	Menu 2	Menu 3	Menu 4	Menu Sans Gluten	Veg etables
2025-12-01	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Bowtie pasta, creamy sauce with chicken, vegetables	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip
2025-12-03	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Meatballs, sautéed vegetables, rice	Macaroni and cheese au gratin (V)	Chicken burger, roasted potatoes, vegetables Carrot Cake	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip
2025-12-04	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Mini pasta shells, beef sauce	Pasta and vegetable salad Grilled cheddar cheese sandwich (V)	Coleslaw Tacos (2), breaded chicken, cabbage, cheese Apple Bread	Chicken, sautéed vegetables, rice (GF)	Veggies and dip
2025-12-05	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Mixed bean salad Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Mexican Bowl with vegetables, beans, rice (V) (GF)	Veggies and dip
2025-12-08	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Scooby-doo pasta, vegetables, beef sauce	Grilled croissant, chicken and cheese Applesauce	Chicken drumsticks, honey garlic sauce, rice, vegetables Healthy brownie with black beans	Chana Aloo (chick peas, potatoes) with rice (Vegan) (Gluten free)	Veggies and dip
2025-12-10	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Bowtie pasta, creamy sauce with chicken, vegetables	Greek pasta salad (tomatoes, cucumbers, olives) Grilled ham, cheese submarine	Beef burger, roasted potatoes, vegetables Banana Bread	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip

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2025-12-11	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Meatball, cheese sub	Ham with pineapple, mashed potatoes, vegetables	Macaroni and cheese au gratin (V) Carrot Cake	Mexican Bowl with vegetables, beans, rice (V) (GF)	Veggies and dip
2025-12-12	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Teriyaki chicken, vegetables, rice	Pasta and vegetable salad Grilled cheddar cheese sandwich (V)	Spaghetti with meatballs Apple Bread	Chana Aloo (chick peas, potatoes) with rice (Vegan) (Gluten free)	Veggies and dip
2025-12-15	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Coleslaw Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip
2025-12-17	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Fusilli pasta, beef, vegetable sauce	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip
2025-12-18	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Vegetarian chili with rice (V)	Greek pasta salad (tomatoes, cucumbers, olives) Grilled ham, cheese submarine	Spaghetti with meatballs Banana Bread	Chicken, sautéed vegetables, rice (GF)	Veggies and dip
2025-12-19	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Meatballs, sautéed vegetables, rice	Macaroni and cheese au gratin (V)	Chicken burger, roasted potatoes, vegetables Carrot Cake	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip
2026-01-07	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Scooby-doo pasta, vegetables, beef sauce	Grilled croissant, chicken and cheese Applesauce	Chicken drumsticks, honey garlic sauce, rice, vegetables Healthy brownie with black beans	Chana Aloo (chick peas, potatoes) with rice (Vegan) (Gluten free)	Veggies and dip
2026-01-08	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Mini pasta shells, beef sauce	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Chicken, sautéed vegetables, rice (GF)	Veggies and dip
2026-01-09	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Bowtie pasta, creamy sauce with chicken, vegetables	Greek pasta salad (tomatoes, cucumbers, olives) Grilled ham, cheese submarine	Beef burger, roasted potatoes, vegetables Banana Bread	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip

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2026-01-12	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Meatball, cheese sub	Macaroni and cheese au gratin (V)	Chicken drumsticks, BBQ sauce, vegetables and rice Carrot Cake	Mexican Bowl with vegetables, beans, rice (V) (GF)	Veggies and dip
2026-01-14	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Coleslaw Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip
2026-01-15	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Scooby-doo pasta, vegetables, beef sauce	Grilled croissant, chicken and cheese Applesauce	Mixed bean salad Tacos (2), breaded chicken, cabbage, cheese Healthy brownie with black beans	Mexican Bowl with vegetables, beans, rice (V) (GF)	Veggies and dip
2026-01-16	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Bowtie pasta, creamy sauce with chicken, vegetables	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip
2026-01-19	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Vegetarian chili with rice (V)	Greek pasta salad (tomatoes, cucumbers, olives) Grilled ham, cheese submarine	Spaghetti with meatballs Banana Bread	Chicken, sautéed vegetables, rice (GF)	Veggies and dip
2026-01-21	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Mini pasta shells, beef sauce	Pita bread with homemade hummus (V) Grilled cheddar cheese sandwich (V)	Coleslaw Tacos (2), breaded chicken, cabbage, cheese Apple Bread	Chicken, sautéed vegetables, rice (GF)	Veggies and dip
2026-01-22	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Mixed bean salad Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Mexican Bowl with vegetables, beans, rice (V) (GF)	Veggies and dip
2026-01-26	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Mini pasta shells, beef sauce	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Chicken, sautéed vegetables, rice (GF)	Veggies and dip
2026-01-28	Oatmeal cookie, handmade	Chicken, cheese and fine herbs sub	Meatball, cheese sub	Macaroni and cheese au gratin (V)	Chicken drumsticks, BBQ sauce, vegetables and rice Carrot Cake	Mexican Bowl with vegetables, beans, rice (V) (GF)	Veggies and dip

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2026-01-29	Oatmeal cookie, homemade	Chicken, cheese and fine herbs sub	Teriyaki chicken, vegetables, rice	Pasta and vegetable salad Grilled cheddar cheese sandwich (V)	Spaghetti with meatballs Apple Bread	Chana Aloo (chick peas, potatoes) with rice (Vegan) (Gluten free)	Veggies and dip
2026-01-30	Oatmeal cookie, homemade	Chicken, cheese and fine herbs sub	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Coleslaw Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Gluten free pasta, tomato sauce (GF) (Vegan)	Veggies and dip