

Lord Aylmer School



2026 Lord Aylmer Olympics

We are excited to announce our upcoming School Olympics, taking place from February 4th to the 23rd! Over the course of two weeks, students will participate in a variety of fun, inclusive, and adapted Olympic-style activities that celebrate physical activity, teamwork, and global learning daily, when possible. This is a Senior Campus activity, but Junior Campus will be invited to participate too.

Representing Countries

Each class will represent a country and will have opportunities to:

- Learn about the history and values of the Olympic Games
- Explore the culture, geography, and traditions of their chosen country
- Show pride by creating flags, symbols, and displays



Celebrating Canada

Although classes will be representing countries from around the world, we want to also have opportunities to show our Canadian pride. There will be dedicated days (example: Feb 6 – opening ceremonies in Milan) built into the schedule to celebrate Canada, during which students and staff will be encouraged to wear red and white. Morning announcements will also highlight and follow Canadian Olympic athletes, giving our school community the opportunity to show Canadian spirit and cheer them on together. Other dates will be determined once we know what days our Canadian athletes are going for gold!

Events

- Participate in activities as a class community, or offer a challenge to other countries
- A mix of indoor and outdoor activities will take place throughout the two weeks
- All sporting events will be adapted and inclusive, with a focus on sportsmanship
- Most events will take place on school grounds
- Some classrooms may choose to take advantage of nearby outdoor spaces within walking distance, such as outdoor rinks, sliding hills, trails for skiing and snowshoeing
- A list of indoor and outdoor activities will be provided for teachers, and equipment will be available in a central location.

Junior Campus

All teachers will be encouraged to plan a Reading Buddies period with their Junior Campus partners, during which students can participate together in Olympic-themed activities.

Olympic Medal Bulletin Board

To build excitement and school-wide engagement, a visual Olympic bulletin board will be displayed in the school.

Samantha Halpin – Directrice/Principal ([elle/she/her](#))
Hannah Patrick – Directrice Adjointe/ Vice Principal ([elle/she/her](#))

Campus senior/Senior Campus
116 Frank Robinson Gatineau, QC J9H 4A6
T. 819 684-6801 F. 819 684-6501
Courriel/e-mail lordaylmersr@wqsb.qc.ca

Campus Junior/Junior Campus
130 Frank Robinson Gatineau, QC J9H 4A6
T. 819 684-4888 F. 819 684-2825
Courriel/e-mail lordaylmerjr@wqsb.qc.ca



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- The board will feature a chart of all participating countries
- Classes will have opportunities to place a gold medal beside their country after an event
- This medal will celebrate effort, sportsmanship, teamwork, and school spirit

Ceremonies

- LA Opening Ceremony – February 11 & Closing Ceremony – Monday, February 23
Classes will enter the gym proudly carrying their country flag, just like the real Olympics.
- We will come together in the afternoon to cheer on our teachers as they are competing in a final fun event! Students will act as enthusiastic spectators, celebrating sportsmanship and community.

Curriculum Connections

The School Olympics support several areas of the Quebec Education Program, including:

Physical Education & Health

- Participating in physical activities
- Demonstrating cooperation, fair play, and respect
- Adopting healthy, active lifestyle habits

Social Sciences (History & Geography)

- Exploring different countries and cultures
- Developing geographic awareness and global citizenship
- Understanding how sport connects to society and culture

Cross-Curricular Competencies

- Working collaboratively
- Communicating ideas and celebrating diversity
- Using creativity and critical thinking

Learning Beyond Sport

In addition to physical activities, classrooms are encouraged to engage in:

- Research projects on their country
- Writing, art, or presentations connected to the Olympics
- Discussions around inclusion, perseverance, and unity

We are looking forward to two weeks filled with movement, learning, school spirit, and fun. Thank you for your continued support in making this a memorable experience for our students.

If you have any questions, please don't hesitate to reach out.

The L.A. Staff

Samantha Halpin – Directrice/Principal ([elle/she/her](#))
Hannah Patrick – Directrice Adjointe/ Vice Principal ([elle/she/her](#))

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