

School menu

Mazzola

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mazzola.ca

Lord Aylmer School (JR/SR)

2026-02-02 - 2026-03-30

	Cookie	Gluten Free	Menu 1	Menu 2	Menu 3	Menu 4	Veg etables
2026-02-02	Oatmeal cookie, handmad e	Gluten free pasta with a tomato sauce (Vegan)	Chicken and cheese sub with house herbed mayo	Bowtie pasta with chicken and vegetables in a creamy sauce	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Veg gies and dip
2026-02-04	Oatmeal cookie, handmad e	Gluten free pasta with a tomato sauce (Vegan)	Chicken and cheese sub with house herbed mayo	Meatballs, sautéed vegetables and rice	Macaroni and cheese au gratin (V)	Chicken burger, roasted potatoes, vegetables Carrot Cake	Veg gies and dip
2026-02-05	Oatmeal cookie, handmad e	Mexican Bowl with vegetables, beans, rice (V) (GF)	Chicken and cheese sub with house herbed mayo	Mini pasta shells, beef sauce	Pasta and vegetable salad Grilled cheddar cheese sandwich (V)	Teriyaki chicken, vegetables, rice Apple Bread	Veg gies and dip
2026-02-06	Oatmeal cookie, handmad e	Chicken and vegetable fried rice (GF)	Chicken and cheese sub with house herbed mayo	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Mixed bean salad Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Veg gies and dip
2026-02-11	Oatmeal cookie, handmad e	Gluten free pasta with a tomato sauce (Vegan)	Chicken and cheese sub with house herbed mayo	Bowtie pasta with chicken and vegetables in a creamy sauce	Greek pasta salad (tomatoes, cucumbers, olives) Grilled ciabatta bread with ham and cheese	Beef burger, roasted potatoes, vegetables Banana Bread	Veg gies and dip

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2026-02-12	Oatmeal cookie, handmad e	Mexican Bowl with vegetables, beans, rice (V) (GF)	Chicken and cheese sub with house herbed mayo	Grilled meatball, cheese sub	Ham with pineapple, mashed potatoes, vegetables	Macaroni and cheese au gratin (V) Carrot Cake	Veg gies and dip
2026-02-13	Oatmeal cookie, handmad e	Chana Aloo (chick peas, potatoes) with rice (Vegan) (GF)	Chicken and cheese sub with house herbed mayo	Teriyaki chicken, vegetables, rice	Pasta and vegetable salad Grilled cheddar cheese sandwich (V)	Spaghetti with meatballs Apple Bread	Veg gies and dip
2026-02-16	Oatmeal cookie, handmad e	Gluten free pasta with a tomato sauce (Vegan)	Chicken and cheese sub with house herbed mayo	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Coleslaw Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Veg gies and dip
2026-02-18	Oatmeal cookie, handmad e	Gluten free pasta with a tomato sauce (Vegan)	Chicken and cheese sub with house herbed mayo	Fusilli pasta, beef, vegetable sauce	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Veg gies and dip
2026-02-19	Oatmeal cookie, handmad e	Chicken and vegetable fried rice (GF)	Chicken and cheese sub with house herbed mayo	Vegetarian shepherd's pie (V)	Pasta and vegetable salad Grilled ciabatta bread with ham and cheese	Spaghetti with meatballs Pineapple bread	Veg gies and dip
2026-02-23	Oatmeal cookie, handmad e	Chicken and vegetable fried rice (GF)	Chicken and cheese sub with house herbed mayo	Mini pasta shells, beef sauce	Pita bread with homemade hummus (V) Grilled cheddar cheese sandwich (V)	Coleslaw Tacos (2), breaded chicken, cabbage, cheese Apple Bread	Veg gies and dip
2026-02-25	Oatmeal cookie, handmad e	Chana Aloo (chick peas, potatoes) with rice (Vegan) (GF)	Chicken and cheese sub with house herbed mayo	Scooby-doo pasta with beef and vegetable sauce	Grilled croissant, chicken and cheese Applesauce	English muffin with egg, chicken and cheese roasted potatoes Pineapple bread	Veg gies and dip

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2026-02-26	Oatmeal cookie, handmad e	Chicken and vegetable fried rice (GF)	Chicken and cheese sub with house herbed mayo	Mini pasta shells, beef sauce	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Veg gies and dip
2026-02-27	Oatmeal cookie, handmad e	Gluten free pasta with a tomato sauce (Vegan)	Chicken and cheese sub with house herbed mayo	Bowtie pasta with chicken and vegetables in a creamy sauce	Multicolour salad (corn, beans, vegetables) Grilled ciabatta bread with ham and cheese	Beef burger, roasted potatoes, vegetables Banana Bread	Veg gies and dip
2026-03-09	Oatmeal cookie, handmad e	Chicken and vegetable fried rice (GF)	Chicken and cheese sub with house herbed mayo	Vegetarian chili with rice (V)	Pasta and vegetable salad Grilled ciabatta bread with ham and cheese	Spaghetti with meatballs Banana Bread	Veg gies and dip
2026-03-11	Oatmeal cookie, handmad e	Chicken and vegetable fried rice (GF)	Chicken and cheese sub with house herbed mayo	Mini pasta shells, beef sauce	Pita bread with homemade hummus (V) Grilled cheddar cheese sandwich (V)	Coleslaw Beef Taquitos (2) Apple Bread	Veg gies and dip
2026-03-12	Oatmeal cookie, handmad e	Mexican Bowl with vegetables, beans, rice (V) (GF)	Chicken and cheese sub with house herbed mayo	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Mixed bean salad Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Veg gies and dip
2026-03-13	Oatmeal cookie, handmad e	Chana Aloo (chick peas, potatoes) with rice (Vegan) (GF)	Chicken and cheese sub with house herbed mayo	Scooby-doo pasta with beef and vegetable sauce	Grilled croissant, chicken and cheese Applesauce	Teriyaki chicken, vegetables, rice Healthy brownie with black beans	Veg gies and dip
2026-03-16	Oatmeal chocolate chip cookie, handmad e	Chicken and vegetable fried rice (GF)	Chicken and cheese sub with house herbed mayo	Mini pasta shells, beef sauce	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Veg gies and dip

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2026-03-18	Oatmeal cookie, handmad e	Mexican Bowl with vegetables, beans, rice (V) (GF)	Chicken and cheese sub with house herbed mayo	Grilled meatball, cheese sub	Macaroni and cheese au gratin (V)	Chicken drumsticks, BBQ sauce, vegetables and rice Carrot Cake	Veg gies and dip
2026-03-19	Oatmeal cookie, handmad e	Chana Aloo (chick peas, potatoes) with rice (Vegan) (GF)	Chicken and cheese sub with house herbed mayo	Teriyaki chicken, vegetables, rice	Pasta and vegetable salad Grilled cheddar cheese sandwich (V)	Spaghetti with meatballs Apple Bread	Veg gies and dip
2026-03-20	Oatmeal cookie, handmad e	Gluten free pasta with a tomato sauce (Vegan)	Chicken and cheese sub with house herbed mayo	Mini penne, rosée and basil sauce with chicken, gratiné	Shepherd's pie (GF)	Coleslaw Pizza quesadilla (turkey pepperoni, cheese) Marble cake	Veg gies and dip
2026-03-23	Oatmeal cookie, handmad e	Gluten free pasta with a tomato sauce (Vegan)	Chicken and cheese sub with house herbed mayo	Bowtie pasta with chicken and vegetables in a creamy sauce	Mini pancakes (3) with syrup (V) Fruit yogurt	Chicken nuggets, roasted potatoes, vegetables Raspberry roll	Veg gies and dip
2026-03-25	Oatmeal cookie, handmad e	Gluten free pasta with a tomato sauce (Vegan)	Chicken and cheese sub with house herbed mayo	Meatballs, sautéed vegetables and rice	Macaroni and cheese au gratin (V)	Chicken burger, roasted potatoes, vegetables Carrot Cake	Veg gies and dip
2026-03-26	Oatmeal cookie, handmad e	Mexican Bowl with vegetables, beans, rice (V) (GF)	Chicken and cheese sub with house herbed mayo	Mini pasta shells, beef sauce	Pasta and vegetable salad Grilled cheddar cheese sandwich (V)	Teriyaki chicken, vegetables, rice Apple Bread	Veg gies and dip
2026-03-30	Oatmeal cookie, handmad e	Chana Aloo (chick peas, potatoes) with rice (Vegan) (GF)	Chicken and cheese sub with house herbed mayo	Scooby-doo pasta with beef and vegetable sauce	Grilled croissant, chicken and cheese Applesauce	Chicken drumsticks, honey garlic sauce, rice, vegetables Healthy brownie with black beans	Veg gies and dip