

Lord Aylmer School



CONSENT FORM: UPLA-ARBRASKA LAFLÈCHE

Dear Parent(s) & Guardian(s),

As you are aware, your child(ren) will be attending an end-of-year field trip to UPLA-ARBRASKA LAFLÈCHE. The company has asked for the school to inform the parent/guardian community of the inherent risks associated with the upcoming outing.

Please read the "Inherent Risk Acknowledgement" below and sign to acknowledge receipt and permission for your child to attend and participate.

CRITICAL NOTE: This waiver MUST be signed in order for your child(ren) to attend on either June 1, 2026, or June 2, 2026.

IF YOU ARE VOLUNTEERING, YOU MUST COMPLETE A CONSENT FORM AS WELL

INHERENT RISK ACKNOWLEDGEMENT

UPLA-ARBRASKA LAFLÈCHE activities involve risks:

- Common Injuries: Fractures, sprains, strains, bruises, sunstroke, hypothermia, dizziness, and hyperventilation are among the most common risks, but are not limited to them.
- Physical Restrictions: Pregnant women and individuals with heart conditions should refrain from participating. Individuals over 250 pounds and/or in poor physical condition must be aware of their physical well-being and stop participating if needed.
- Causes of Risk: These risks can be due to, but are not limited to: exposed springs, hooks, frames, and equipment parts; poor lighting; lack of supervision or trained monitors; lack of protective padding, mats, nets, and other equipment; slipping or falling on or off equipment; collisions with objects or people; attempts at jumps, running, stunts, flips, somersaults, or acrobatics; multiple participants using equipment simultaneously; participants' physical condition and abilities; weight differences; weather or environmental conditions; and actions or omissions by myself or the child under my care.

By signing below, you acknowledge and accept both known and unknown risks that may arise from using Arbraska equipment or from your participation or that of the minor child in the Activities, and accept that these risks are inherent to these activities.

Samantha Halpin – Directrice/Principal ([elle/she/her](#))
Hannah Patrick – Directrice Adjointe/ Vice Principal ([elle/she/her](#))



Campus senior/Senior Campus
116 Frank Robinson Gatineau, QC J9H 4A6
T. 819 684-6801 F. 819 684-6501
Courriel/e-mail lordaylmersr@wqsb.qc.ca

Campus Junior/Junior Campus
130 Frank Robinson Gatineau, QC J9H 4A6
T. 819 684-4888 F. 819 684-2825
Courriel/e-mail lordaylmerjr@wqsb.qc.ca

Lord Aylmer School



Safety Rules

1. Initiation: All participants must attend the initiation session before starting any activity.
2. Staff Instructions: Specific safety rules for your activity will be provided by the park staff before you begin.
3. Enforcement: Arbraska staff on site will supervise and may prohibit any participant who does not follow safety rules from continuing, without refund.
4. Chaperones: Chaperones are responsible for ground supervision of their participants, including discipline, attention, and respect for nature.

ACKNOWLEDGEMENT AND CONSENT

Please complete, sign, and return this form to the school.

By signing below, I certify that:

1. I give permission for my child to participate in the field trip.
2. I have read, understood, and accept the **Inherent Risk Acknowledgement and Safety Rules** on behalf of my child.
3. *If volunteering:* I express consent to participate myself and fully accept these inherent risks as they apply to me as an adult participant/chaperone.

- **Parent/Guardian Name (Printed):**

- **Parent/Guardian Signature:**

- **Date:** _____

Samantha Halpin – Directrice/Principal ([elle/she/her](#))
Hannah Patrick –Directrice Adjointe/ Vice Principal ([elle/she/her](#))

Campus senior/Senior Campus
116 Frank Robinson Gatineau, QC J9H 4A6
T. 819 684-6801 F. 819 684-6501
Courriel/e-mail lordaylmersr@wqsb.qc.ca

Campus Junior/Junior Campus
130 Frank Robinson Gatineau, QC J9H 4A6
T. 819 684-4888 F. 819 684-2825
Courriel/e-mail lordaylmerjr@wqsb.qc.ca

