

School menu

Mazzola

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mazzola.ca

Lord Aylmer School (JR/SR)

2026-10-01 - 2026-10-30

	1	2	3	4	biscuit	jus	légumes	sans gluten
2026-10-01	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Meatballs (in gravy), sautéed vegetables and rice	Chicken burger, vegetables, potato bites (ketchup and mustard) Banana Bread	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Mexican Bowl with vegetables, beans, rice (V) (GF)
2026-10-02	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Macaroni and cheese au gratin (V)	Mini Pancakes (2) with breakfast sausage, syrup Fruit yogurt	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Gourmet Shepherd's Pie (carrots, corn)
2026-10-07	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	English muffin sandwich (egg, chicken, cheese)	Chicken à la King on rice with vegetables Healthy brownie with black beans	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Vegetarian chili with rice (V)
2026-10-08	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Coleslaw Grilled ciabatta bread with ham and cheese	Spaghetti and meatballs, tomato sauce Marble cake	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Chicken and vegetable rice (GF)
2026-10-09	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Meatballs (in gravy), sautéed vegetables and rice	Chicken burger, vegetables, potato bites (ketchup and mustard) Banana Bread	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Mexican Bowl with vegetables, beans, rice (V) (GF)

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2026-10-14	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Grilled chicken and cheese sub Yogurt tube	Chicken nuggets, vegetables, potato bites Carrot Cake	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Gluten free pasta with a tomato sauce (Vegan)
2026-10-19	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Creamy pasta and vegetable salad Grilled croissant, chicken and cheese	Spaghetti and meatballs, tomato sauce Carrot Cake	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Chicken and vegetable rice (GF)
2026-10-21	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Multicolour salad (corn, beans, vegetables) Grilled croissant, chicken and cheese	Mini Pancakes (2) with breakfast sausage, syrup Fruit yogurt	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Vegetarian chili with rice (V)
2026-10-22	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Macaroni and cheese au gratin (V)	Chicken nuggets, vegetables, potato bites Apple Bread	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Gluten free pasta with a tomato sauce (Vegan)
2026-10-23	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Greek pasta salad (tomatoes, cucumbers, olives) Grilled ciabatta bread with ham and cheese	Beef burger, vegetables, potato bites (ketchup and mustard) Carrot Cake	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Chicken drumsticks, BBQ sauce, vegetables and rice
2026-10-26	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Coleslaw Grilled meatball, cheese sub	Mini pasta shells, beef sauce Healthy brownie with black beans	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Vegetarian chili with rice (V)
2026-10-28	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Meatballs (in gravy), sautéed vegetables and rice	Chicken burger, vegetables, potato bites (ketchup and mustard) Carrot Cake	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Chicken and vegetable rice (GF)

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2026-10-29	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Macaroni and cheese au gratin (V)	Mini pancakes (3) with syrup (V) Fruit yogurt	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Gourmet Shepherd's Pie (carrots, corn)
2026-10-30	Chicken and cheese sub with house herbed mayo	Pizza quesadilla (cheese) (V) Applesauce	Grilled croissant, chicken and cheese Yogurt tube	Chicken nuggets, vegetables, potato bites Apple Bread	Oatmeal cookie, handmade	Juice Oasis 200ml pure	Veggies and dip	Gluten free pasta with a tomato sauce (Vegan)