

Lord Aylmer School



Monday, September 14th, 2026

Dear Parent(s)/Guardian(s),

Lord Aylmer has been part of the Terry Fox Walk and Run for over 20 years now, and this year's event will be held on the morning of **Monday, September 28th**. Over the next two weeks, your child will learn more about one of Canada's heroes, Terry Fox. As you know, this young man developed bone cancer, and then, with the use of an artificial leg, decided to run across Canada to raise money for cancer research. Terry's determination has now inspired generations of Canadians and others around the world, with over a billion dollars raised in his name so far.

Attached you will find a pledge sheet that your child can use to collect donations for their participation in our Terry Fox Walk and Run. We recommend that children ask for donations only from friends and family, and not canvas for funds door-to-door. We also strongly encourage you to use the online pledge system at <https://schools.terryfox.ca/142664> in order to save paper and administration costs for the Foundation.

Millions of students participate across Canada and we are proud that Lord Aylmer students are always among them. Our goal this year is to once again raise at least \$8,000.00 for the Terry Fox Foundation to further the cause of cancer research.

All students will participate, even if they are unable to collect any pledges. Cycle 2 and 3 students will be walking a total of 4.2 km on the day of the event, on a safe route off school property. Kindergarten and Cycle 1 students will walk a shorter course. A smaller group of students from the senior campus will be training and taking part in a 5 km run along the bike path to Parc des Cèdres and back. Pledge sheets and money collected should be returned to school by Tuesday, September 29th.

Please sign the form below and return it to school for your child to participate in this event. If you are able to volunteer, please fill out the section below. Volunteers should arrive at school at 8:30 a.m. and report to the office.

Sincerely,

Samantha Halpin
Principal

Jeremy Wouda
Vice-Principal

Eugene Contreras
PHE Sr. Campus

Filipe DaSilva
PHE Jr. Campus

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I give my child _____ permission to participate in the Terry Fox Walk and Run on Monday, September 28th, 2026.

Parent Signature: _____ Date: _____

I am able to volunteer: Name: _____ Phone or email: _____

Please note that a valid WQSB police record check is needed for all volunteers.

- ☐ I will accompany Mr/Ms/Mme _____'s class on the trip
- ☐ I will accompany the group for the 5 km Run.
- ☐ I will be available after September 29th to help count the money raised.